

Abstract of the Disclosure

The invention relates to organic complexes based on sitosterols, acylglycerols and strontium and to the use thereof in the pharmaceutical and dietetic fields. The invention also relates to methods for treating different diseases, particularly bone or blood diseases, by the administration of the aforementioned complexes. The invention further relates to pharmaceutical compositions containing said complexes, in particular for the treatment of bone diseases, such as osteoporosis, and for the treatment of blood diseases.